

ISF U15
GYMNASIADA
ZLATIBOR - SERBIA 2025

04.04.-14.04.2025

BULLETIN

1

UPDATED JANUARY

2025

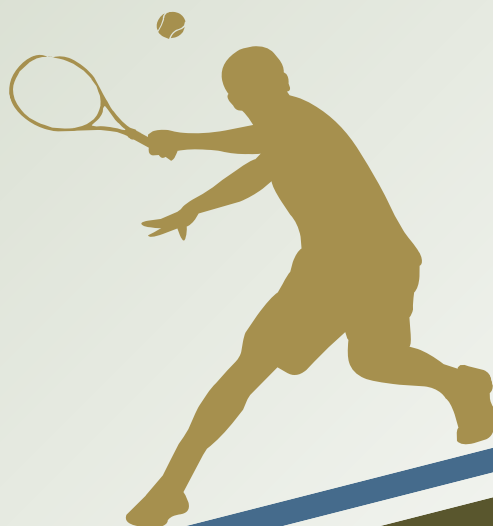


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An aerial photograph of a river winding through a valley. The river is a vibrant blue-green color, contrasting with the brown and green hillsides. The river makes several sharp turns, creating a meandering path through the landscape. The hills are covered in dense vegetation, and the overall scene is captured from a high angle, looking down into the valley.

ISF U15 GYMNASIADE 2025

PART 1

**DISCOVER
ISF U15 GYMNASIADE 2025
IN SERBIA**

ISF U15 GYMNASIADE 2025

About Serbia



Serbia is a dynamic country located in Southeast Europe, at the crossroads of Central and Eastern Europe. Known for its rich cultural heritage, diverse landscapes, and vibrant cities, Serbia blends tradition and modernity. The capital, Belgrade, is one of Europe's oldest cities, with a lively cultural scene, historic architecture, and bustling nightlife.

Serbia is famous for its warm hospitality, traditional cuisine, and scenic natural beauty, including the mountainous regions like Zlatibor and Tara, as well as the fertile plains of Vojvodina. With a growing focus on tourism and sustainable development, Serbia offers visitors a mix of history, adventure, and authentic experiences. Sports hold a special place in Serbian culture, with deep national pride in basketball, football, volleyball, and tennis. Sporting achievements and events bring communities together, and Serbia's athletes are recognized worldwide.



Fun fact!

Most Serbian surnames end with - ić, like Novak Djoković and Nikola Jokić

ISF U15 GYMNASIADE 2025

About Zlatibor

Zlatibor is a picturesque mountain region in western Serbia, known for its natural beauty, mild climate, and vibrant tourism scene. A popular destination for relaxation, health tourism, and outdoor activities, Zlatibor features lush forests, scenic meadows, and diverse hiking trails. Its high-quality hotels and resorts offer comfortable accommodations, with many located close to sports facilities, making it ideal for athletes and enthusiasts alike.



Beyond its high-quality hotels and vibrant town center, Zlatibor offers unique attractions for visitors. Some of the top sights include Stopića Cave, with its impressive limestone formations and underground waterfalls; Gostilje Waterfall, one of the tallest in Serbia and surrounded by lush greenery; and Tornik Ski Center, a top spot for winter sports enthusiasts, offering skiing, snowboarding, and panoramic views of the area. Zlatibor also features the Dino Park, a family-friendly attraction with life-size dinosaur models and various activities, and Mokra Gora, home to the Šargan Eight railway, a scenic narrow-gauge train ride through mountainous terrain.

Did you know ?



Zlatibor is home to the Gold Gondola, which is currently the longest panoramic gondola lift in the world! Stretching over 9 kilometers (about 5.6 miles), it connects the center of Zlatibor with the top of Tornik Mountain. The scenic 25-minute ride provides breathtaking views of Zlatibor's landscapes, passing over rolling hills, lush forests, and Ribničko Lake.

Fun fact !

ISF U15 GYMNASIADE 2025

Message from ISF

I am hereby delighted to invite all school athletes from all over the world to embark on an exciting journey towards the ISF U15 Gymnasiade 2025, taking place from April 4th to 14th in the vibrant city of Zlatibor, Serbia.

This exceptional event will bring together young athletes from across the globe to compete in 25 sports and parasports, fostering a spirit of international camaraderie and sportsmanship.

Over the ten days, students will engage not only in athletic competitions but also in enriching experiences such as inspiring workshops, cultural excursions, and opportunities for meaningful exchanges with peers from diverse backgrounds. All of this will be embraced in an atmosphere of fair play, mutual respect, and the pursuit of excellence, united by their shared passion for sport.

We eagerly look forward to welcoming you to Zlatibor in April 2025!



Youssef Belqasmi
ISF Acting President

ISF U15 GYMNASIADE 2025

Message from LOC

Dear Athletes, Coaches, and Guests,

It is with great pride and excitement that I welcome you to the ISF U15 Gymnasiade 2025 in the beautiful region of Zlatibor, Serbia. This prestigious event is a testament to our commitment to fostering youth sports and promoting international friendship and understanding through athletic competition.

Zlatibor, with its stunning landscapes and excellent sports facilities, provides the perfect backdrop for this celebration of youth, sportsmanship, and cultural exchange. We are honored to host young athletes from around the world, who will showcase their talents, determination, and passion for sports.

As you compete and interact with peers from diverse backgrounds, I encourage you to embrace the spirit of fair play, mutual respect, and camaraderie. This event is not only about winning medals but also about building lifelong friendships and creating unforgettable memories.

On behalf of the Serbian School Sports Federation and the entire organizing committee, I wish to extend our heartfelt gratitude to the Ministry of Sport and the Government of the Republic of Serbia for their unwavering support and dedication to making this event possible. Their commitment to promoting sports and youth development has been instrumental in bringing the ISF U15 Gymnasiade to Zlatibor.

I wish you all the best in your competitions and hope you enjoy your stay in Zlatibor. Let us come together to make the ISF U15 Gymnasiade 2025 a resounding success and a celebration of youth and sports.

Welcome to Zlatibor, and let the games begin!



Željko Tanasković
Head of the Local
Organising Committee

ISF U15 GYMNASIADE 2025

SPORTS



ARCHERY



ATHLETICS



BADMINTON



BASKETBALL 3x3



BEACH VOLLEYBALL



BOXING



CHESS



DANCESPORT



FENCING



AEROBIC GYMNASTICS



ARTISTIC GYMNASTICS



RHYTHMIC GYMNASTICS



JUDO



KARATE



ORIENTEERING



PADEL



SWIMMING



TABLE TENNIS



TAEKWONDO



TENNIS



WRESTLING



PARA ATHLETICS



PARA BADMINTON



PARA JUDO



PARA SWIMMING

ISF U15 GYMNASIADE 2025

SPORTS

► COMPETITION VENUES GALLERY



More information about Competition venues will be published in Bulletin 2

ISF U15 GYMNASIADE 2025

TRAVELLING

► OBLIGATIONS

- Each participant is required to be present throughout the whole duration of the event, from the day of arrival until the day of departure, specified in the programme in the bulletin.
- Each participant is obliged to take part in all of the non-sport activities.
- Each team undertakes to compete against all other participating teams.
- Each participant undertakes to compete against all other participants.
- The absence of any member of a participating team from any part of the entire sport programme, opening, prize-giving, closing ceremonies and socio-cultural programme may result in the disqualification.

► PORT OF ENTRY

Travel to the official ports of entry is to be arranged and financed by each participating delegation.

Port of entry:

- International Airport Nikola Tesla Belgrade (BEG)
- Zlatibor bus station

NOTE: The LOC will provide transportation from the airport to Zlatibor for delegations arriving by plane. Delegations traveling in their own buses are expected to go directly to Zlatibor.

► INSURANCE

Each participating delegation is required to provide insurance for each member of its delegation. At a minimum, the insurance is to cover civil liability, material damage and medical costs.

ISF U15 GYMNASIADE 2025

TRAVELLING

► VISA

Each participating delegation is required to check whether a visa is needed to enter Serbia. Please contact the related Embassy or Consulate to consult the visa application procedure. More information you can find following next link:

<https://www.mfa.gov.rs/en/citizens/travel-abroad/visas-and-states-travel-advisory>

For any request for invitation letters or any queries over VISA, please contact:

skolskisport@mos.gov.rs

Note: Parents and participant family are required to apply for the visa via the standard visa services through the link above.

ISF U15 GYMNASIADE 2025

TRAVELLING

► TOURS AND ATTRACTIONS

GOLD GONDOLA is the longest tourist cable ride at the world with it's length of 9 kilometres. During the ride guests enjoy in stunning view of rolling mountain slopes covered with golden pine trees, after which the mountain was named.



STOPIĆA CAVE is the most visited cave in Serbia. Due to it's unique natural characteristics, length of almost 1,7 kilometres Stopica Cave was declared a natural monument by a 2005 decree of the Government of Republic Serbia.



ISF U15 GYMNASIADE 2025

TRAVELLING

► TOURS AND ATTRACTIONS

GOSTILJE WATERFALL is one of the most attractive hydrological features of Zlatibor. The water cascades down from 22- meter- high limestone cliff, forming a unique waterfall. The area around is fully developed for tourist visits, with walking trails, football field, swimming pool and children's playground.

ADVENTURE PARK and DINO PARK The largest in the Balkans, the adventure park extends over an area of 4 ha where is a lot of content for children, but also for adults: adventure park, zip line, artificial rock climbing, children's dino village, 6D cinema, polygon for roller skating and quads for children. Within the park there is a restaurant where, along with excellent coffee and freshly squeezed juices, traditional specialties of the Zlatibor region are served.

MUSEUM "OLD VILLAGE" SIROGOJNO 26 km away from the tourist centre Zlatibor, in the village Sirogojno, there is the only open air museum in Serbia "Staro Selo". Works on construction of this museum started in 1979. On a 5 hectare location beside St. Peter and Paul's church, old log houses were brought from all parts of Zlatibor to be presented and preserved here.

<https://www.zlatibor.org.rs/sr/>



ISF U15 GYMNASIADE 2025

FAMILY AND FRIENDS

► PACKAGE FOR FAMILY AND FRIENDS

Experience the vibes of ISF Events with our exclusive Family and Friends packages!

Perfect for supporting ISF young athletes, these packages offer exceptional value and a chance to be part of the International School Sports community.

Enjoy the opening and closing ceremonies at the stadiums, the nations night, and access to all the competition venues. Our package is designed to bring family and friends together, creating unforgettable memories as you cheer on ISF athletes.

Don't miss out on the excitement and camaraderie of ISF sports. Secure your Family and Friends' package today and join the celebration!

150€

- Accreditation
- Opening and Closing Ceremony
- Nation's night
- Competition venues

REGISTRATION



After registering, you will receive an email that contains a WhatsApp channel link where we will provide you all the information that you need during the event.

Please note that all communication between ISF and you will take place only on this channel.

This email will also contain your online accreditation which you will be asked to show to access to the venues. Accreditation fee is for the adults only.*

** Children below 18 years of age have free access in company with parents.*

ISF maintains a ticketing policy for which all ticket sales are final and non-refundable. However, exceptions for refunds or exchanges may be granted under specific circumstances, such as the cancellation, postponement, or rescheduling of the event.

ISF U15 GYMNASIADE 2025

OBSERVER PROGRAM

► PACKAGE FOR OBSERVERS

Join the ISF Gymnasiade 2025 Observer Program and gain exclusive insights into organizing international sports events.

This program offers an in-depth understanding of ISF's mission, event logistics, competition planning, and partnerships.

Highlights include guided tours of competition venues, live event observations, and the opportunity to attend the official ISF educational program on key topics like youth sports development, mental health, antidoping, fair play, and safeguarding.

200€

- 1:1 meeting with ISF/Local executives and sponsors
- Q&A sessions with ISF representatives
- Live event observation with ISF representative
- Guided venue tour of competition venues
- Opening & Closing Ceremony
- Nations' Night



After registering, you will receive an email that contains a WhatsApp channel link where we will provide you all the information that you need during the event.

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ISF U15 GYMNASIADE 2025

ACCOMMODATION

Below are some of the hotels that will be provided to the participants. All hotels will be in high accommodation standards. Please check the links of each hotel for more information.

More information will be provided in the Bulletin 2.

[Queen of Zlatibor](#)



[Hotel Mir](#)



[Hotel Iris](#)



[Titova Vila](#)



[Hotel Zlatibor](#)



[Hotel Mona](#)



ISF U15 GYMNASIADE 2025

ORGANIZATION

▶ EVENT MANAGEMENT



International School Sport Federation (ISF)

Office - admin@isfsports.org

Sport department - sport@isfsports.org

Event department - registration@isfsports.org

Communication department - communication@isfsports.org



Local Organising Committee

Serbian School Sport Federation

Office: skolskisport@mos.gov.rs

▶ PROVISIONAL PROGRAM

April 03	April 04	April 05	April 06	April 07	April 08
Arrival (Optional) Payment of fees Accreditation	Arrival (Mandatory) Payment of fees Accreditation	HOD Technical meeting Trainings Opening Ceremony	Competition ISF Academy Activities Fun & Skills Zone	Competition ISF Academy Activities Fun & Skills Zone	Competition ISF Academy Activities Fun & Skills Zone
April 09	April 10	April 11	April 12	April 13	April 14
Cultural Day Nations Night	Competition ISF Academy Activities Fun & Skills Zone	Competition ISF Academy Activities Fun & Skills Zone	Competition Closing ceremony Departure of delegations (Optional)	Departure of delegations (Optional)	Departure of delegations (Mandatory)

Please note, that the provisional program is subject to change. Any relevant changes will be communicated in the Bulletin 2. Technical meeting on 05 April will only be for the sport competitions starting on 06 April. All other sport specific Technical Meetings will be hosted 1 day prior to the start of the respective competition.

ISF U15 GYMNASIADE 2025

ORGANIZATION

▶ REGISTRATION PROCESS

The only recognised method of registration is through **ERAS** - the ISF official registration platform. Within the platform there will be 2 sections of registration:

- for ISF members
- for Non-ISF members

Please select the appropriate section related to your registration type.

Each ISF member country/region is automatically entitled to have their own credentials to access ERAS. For non-ISF members registration, access will be provided following submission of information through this initial step.

If you have forgotten your password, you can reset it at [Password Recovery | ISF ERAS \(isf-eras.org\)](https://isf-eras.org).

If you encounter any other problems, please contact the ISF secretariat at sport@isfsports.org

Registration to the Event will be divided into **2 phases**:



▶ DEADLINES

REGISTRATION
OPEN

01.12.2024.

PHASE 1
DEADLINE

04.02.2025.

PHASE 2
DEADLINE

04.03.2025.

NOTE: AFTER DEADLINE, REGISTRATION OF ADDITIONAL DELEGATION MEMBERS WILL NOT BE POSSIBLE.

ISF U15 GYMNASIADE 2025

ORGANIZATION

► COMPOSITION OF DELEGATION

There are no limitation in the registration of additional adults, team officials and athletes.

Each delegation shall consist of:

1. **Head of delegation - *mandatory***
2. **Student athlete(s) - *mandatory***
3. **Team officials - *mandatory***
4. **National authority - *optional***
5. **Field of Play Officials (referees/umpires/judges) - *optional***
6. **Additional adults - *optional***
7. **Delegation Media staff - *optional***
8. **Safeguarding officer - *optional***

Head of the delegation

There is a mandatory amount of one (1) head of the delegation per registering delegation.

- The head of the delegation shall be the sole intermediary between the delegation and the Local Organising Committee, and the ISF.
- He/she may not combine the function with any other official role (i.e., coach, referee, etc.).

Student-athletes

- All student-athletes must be enrolled as full-time students at a school in the country/region in which they represent. All student-athletes must be attending schools that provide general education and/or vocational education incorporating segments of general education.
- Only athletes, registered on the team's list handed in at the accreditation, are authorised to take part in this competition.
- The following are *not* eligible to participate:
 - Attendees of vocational schools only attend a school as a complement to their vocational training and are not full-time students with a segment of general education.
 - Students enrolled at schools that provide sports training without any general education.

ISF U15 GYMNASIADE 2025

ORGANIZATION

► COMPOSITION OF DELEGATION

Team officials (Coaches and Other Team Officials)

Coaches

- The coach shall train/direct student-athletes in the competition.
- The presence of coaches is mandatory.

Other Team Officials

- The function of other team officials can be Doctor, trainers, Physiotherapists, Statisticians, Team managers, etc.)
- The function of each other team officials must be specified during the registration process.

National Authority

The function of each national authority must be specified during the registration process (government representative, ministry representative, etc.).

Field of play officials - FOPO (judges, referees, umpires)

Depending on the sport and on the number of athletes entered, it is requested the registering delegation provide the required number of FOPOs. Failure to provide the required number of Field of play officials (referees, judges, umpires) will lead to a fine of 900 EUR per missing FOPO.

Additional adults

The function of each additional adult must be specified during the registration process.

Safeguarding officer

The role of the safeguarding officer is to provide support to the delegation in any situation related to safety.

Delegation Media Staff

National media staff support delegations by managing media coverage, coordinating press interactions, and ensuring key messages are communicated effectively during events

ISF U15 GYMNASIADE 2025

ORGANIZATION

► FINANCIAL CONDITIONS

To participate, each delegation is required to make two (2) payments:

1/ Deposit payment

2/ Balance fee payment

1/ Deposit payment

In order to submit and validate the registration, the delegation will need to pay a deposit of **120€ per participant.**

Please note that participation in the event is granted only by the deposit payment per registered participant.

- The sum will be deducted from the total participation cost.
- The deposit must be sent as a single payment for the whole delegation
- The deposit is non-refundable in the event of non-participation.
- All bank charges are to be met by the participants.

All deposits for the registered teams per category **are to be paid by 04.02.2025.**

If the deposits are not paid within the deadline, the registrations will not be considered valid and automatically deleted from ERAS.

Deposits are to be paid by bank transfer to the LOC to the following account:

ACCOUNT WITH INSTITUTION /BENEFICIARY'S BANK

SWIFT – BIC: GIBARS22
Name: ERSTE BANK A.D.
Street: BULEVAR OSLOBODJENJA 5
City, Country: NOVI SAD, SRBIJA

BENEFICIARY

IBAN/Account Number: /RS35340000001011968241
Name: SAVEZ ZA SKOLSKI SPORT SRBIJE
Street: Bulevar Mihaila Pupina 2
City, Country: Beograd, Novi Beograd, SRBIJA
Reference: ISF Gymnasiade 2025 – Deposit – *[name of the delegation and ERAS registration ID number]*

ISF U15 GYMNASIADE 2025

ORGANIZATION

► FINANCIAL CONDITIONS

2/ Balance fee payment

Balance fee payment = Participation fee - Deposit (*already paid*)

The balance fee payment is to be paid before the start of the event to the LOC account (LOC bank instruction will be published in Bulletin 2. All bank charges are to be met by the participating delegation).

Participation fee

The participation fee covers full board accommodation for the duration of the event plus competition, cultural program activities, and all local transport from the arrival to the official port of entry to the departure of the delegation.

The participation fee is composed of:

1. Rates by night: minimum 60€/night/delegation member
2. ISF levy:
 - 100€ per person (ISF members)
 - 150€ per person (non-ISF members)

The balance fee payment is to be paid by 04.03.2025. to LOC account.

ISF U15 GYMNASIADE 2025

ORGANIZATION

The table below shows an overview of the minimum participation fee per participant.

No. Nights	x	Rate by night	+	ISF levy	=	TOTAL <i>(minimum/participant)</i>
9		60€		100€/150€		640€/690€

More information on the balance fee payment will be provided in Bulletin 2.

▶ RATE BY NIGHT

Head of Delegation	Single occupancy	60€
Coach	Double occupancy	60€
Coach	Single occupancy	120€
Athlete	2-4 bedded rooms	60€
Additional adult	Double occupancy	60€
Additional adult	Single occupancy	120€
Other Team official	Double occupancy	60€
Other Team official	Single occupancy	120€
Field of Play official	Double occupancy	60€
Field of Play official	Single occupancy	120€

ISF U15 GYMNASIADE 2025

ADDITIONAL INFORMATIONS

► USEFUL INFORMATION

Currency : Serbian Dinar (RSD)

Time zone : Central European Time (CET)

1 EUR = 116 RSD

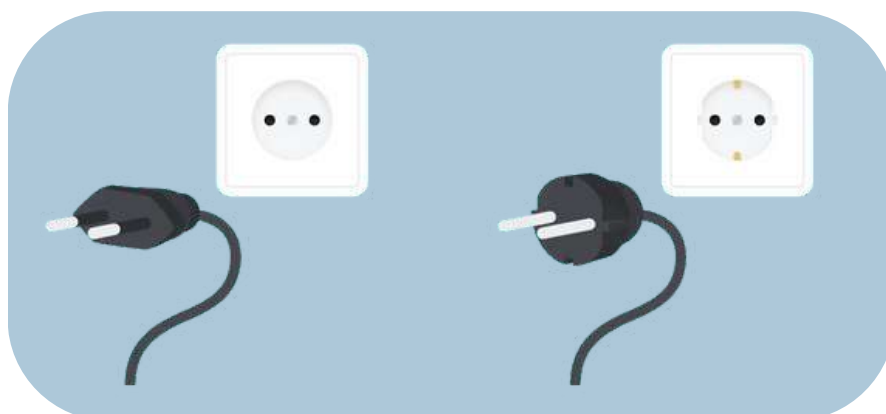
+1 CET

Weather in Serbia



Power plug

For Serbia there are two associated plug types, types C and F. Plug type C is the plug which has two round pins and plug type F is the plug which has two round pins with two earth clips on the side. Serbia operates on a 230V supply voltage and 50Hz.



ISF U15 GYMNASIADE 2025

COMMUNICATION

Get in touch with ISF!

Show us how your country/region and teams are getting ready for the event and send us your teams pictures, preparation, and training videos.



[@ISFsports](#)



[@ISFsports](#)



[@ISFsports](#)



[@isfsports](#)



[/isfsports](#)



[@isfsports](#)

Don't forget to tag and follow ISF social media accounts and use the hashtag of the event:

#ISFsports #ISFgymnasiade #Serbia2024 #roadtogymnasiade

Additional content created by your Federation or your school athletes and students can be sent to communication@isfsports.org

Other communication channels

Event Website: <https://events.isfsports.org/gymnasiade-serbia-2025/>

ISF Website: www.isfsports.org

ISF GYMNASIADE 2025

PART 2

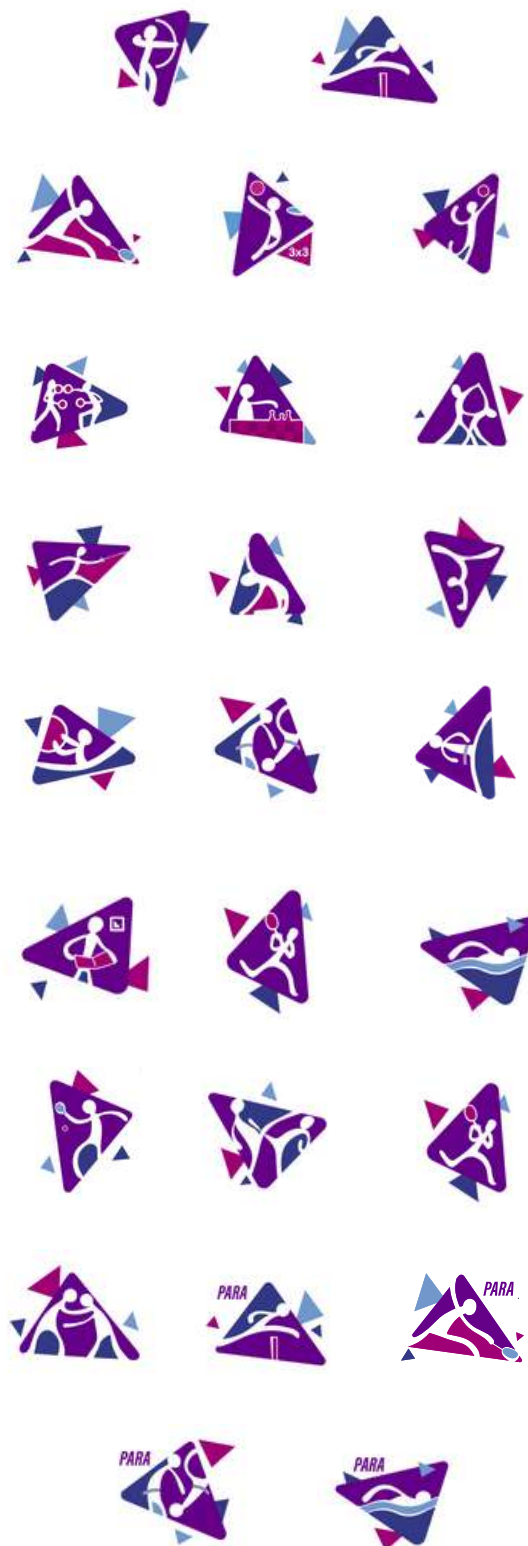
**LEARN MORE
ABOUT THE SPORT
TECHNICAL DETAILS**

ISF GYMNASIADE 2025

SPORTS

Rules and Regulations will also be published on the [official ISF website](#)

1. **Archery - [Rules & Regulations](#)**
2. **Athletics - [Rules & Regulations](#)**
3. **Badminton - [Rules & Regulations](#)**
4. **Basketball 3x3 - [Rules & Regulations](#)**
5. **Beach Volleyball - [Rules & Regulations](#)**
6. **Boxing - [Rules & Regulations](#)**
7. **Chess - [Rules & Regulations](#)**
8. **DanceSport - [Rules & Regulations](#)**
9. **Fencing - [Rules & Regulations](#)**
10. **Gymnastics Aerobic - [Rules & Regulations](#)**
11. **Gymnastics Artistic - [Rules & Regulations](#)**
12. **Gymnastics Rhythmic - [Rules & Regulations](#)**
13. **Judo - [Rules & Regulations](#)**
14. **Karate - [Rules & Regulations](#)**
15. **Orienteering - [Rules & Regulations](#)**
16. **Padel - [Rules & Regulations](#)**
17. **Swimming - [Rules & Regulations](#)**
18. **Table Tennis - [Rules & Regulations](#)**
19. **Taekwondo - [Rules & Regulations](#)**
20. **Tennis - [Rules & Regulations](#)**
21. **Wrestling - [Rules & Regulations](#)**
22. **Para Athletics - [Rules & Regulations](#)**
23. **Para Badminton - [Rules & Regulations](#)**
24. **Para Judo - [Rules & Regulations](#)**
25. **Para Swimming - [Rules & Regulations](#)**



ISF GYMNASIADE 2025

SPORTS

SPORTS	NAME & CONTACT DETAILS OF TECHNICAL COMMITTEE PER SPORT
Archery	Rifaat Chabouk - archeryisf@federarco.es
Athletics & Para Athletics	Nihat Doker - nihaddoker@gmail.com & Efthymios Polydorou - eftymiospolydorou@gmail.com
Badminton & Para Badminton	Sahir Edoo - s.edoo@bwf.sport & Fern Gilders - f.gilders@bwf.sport
Basketball 3x3	Robert Reiblinger - robert.rieblinger@fiba.basketball & Abaakil Samir - abaakilsamir@gmail.com
Beach Volleyball	Gino Grajeda - ggajeda181@msn.com
Boxing	Ian Ireland - ian-ireland@outlook.com
Chess	Toms Kalnins - toms.kalnins@outlook.lv & Ozgur Solakoglu - ozgurso@gmail.com
DanceSport	Dragana Majcen - dragana.majcen@gmail.com
Fencing	Ziad Feriani - ferianiriad@hotmail.fr & Maria Leonor Estampador - mjestampador@gmail.com
Aerobic Gymnastics	Alexandre Cola - acola@fig-gymnastics.org Renata Kopczk - renata.kopczyk@gmail.com
Artistic Gymnastics	Alexandre Cola - acola@fig-gymnastics.org & Serge Val Poelvoorde - serge@qatargym.com/ Ali Al Hitmi - al-hitmi@qatargym.com
Rhythmic Gymnastics	Alexandre Cola - acola@fig-gymnastics.org & Ming Fan - rgfan@126.com
Judo & Para Judo	Sergei Aschwanden - sergei.aschwanden@sjv.ch & Norbert Viktor Biro - bnorbortusz@gmail.com
Karate	Constantin Constantin - caliman.constantin@fssu.ro
Orienteering	Sondre Sandre Gullord - sondre.gullord@orienteering.sport & Todor Pedev - todor_pedev@abv.bg
Padel	Jose Catalan - jose.catalan@padelfip.com
Swimming & Para Swimming	Alexis Kyriakides - kalexis74@gmail.com & Marcelo Rozemberg Ottoline de Oliveira - marceloottoline@gmail.com
Table Tennis	Pieter Schippers - pieter.schippers@telenet.be
Taekwondo	Fernando Canada - fercanada@hotmail.com & Raj Kumar Karki - rajntu@gmail.com
Tennis	Martin Vassallo - martinvassallo@icloud.com
Wrestling	Kristijan Slacanac - kristijan.slacanac@gmail.com & Habibollah Akhlaghi - habib.akhlaghi1985@gmail.com

ISF GYMNASIADE 2025

SPORTS

Sport	Age Category
Archery	2011 - 2012 - 2013
Athletics	2010 - 2011 - 2012
Badminton	2010 - 2011 - 2012 - 2013
Basketball 3x3	2010 - 2011 - 2012
Beach Volleyball	2010 - 2011 - 2012
Boxing	Class A (2011-2012) Class B (2010)
Chess	2010-2011-2012-2013-2014-2015-2016
Dance Sport	2010 - 2011 - 2012 - 2013
Fencing	2010 - 2011 - 2012
Aerobic Gymnastics	2011 - 2012 - 2013
Artistic Gymnastics	2010 (Boys) - 2010 & 2011 (Girls)
Rhythmic Gymnastics	2010 - 2011
Judo	2010 - 2011 - 2012
Karate	2010 - 2011 - 2012 - 2013
Orienteering	2010 - 2011 - 2012
Padel	2011 - 2012 - 2013 - 2014
Swimming	2010 - 2011 - 2012
Table tennis	2010 - 2011 - 2012 - 2013
Taekwondo	2011 - 2012 - 2013
Tennis	2010 - 2011 - 2012
Wrestling	2010 - 2011 - 2012
Para Athletics	2010 - 2011 - 2012
Para Badminton	2010 - 2011 - 2012 - 2013
Para Judo	2010 - 2011 - 2012
Para Swimming	2010 - 2011 - 2012

ISF GYMNASIADE 2025

SPORTS

▶ ARCHERY

BOYS	GIRLS	MIXED	AGE CATEGORY
<ul style="list-style-type: none"> 1. Recurve Individual Event 2. Compound Individual Event 3. Recurve Team Event 4. Compound Team Event 	<ul style="list-style-type: none"> 1. Recurve Individual Event 2. Compound Individual Event 3. Recurve Team Event 4. Compound Team Event 	<ul style="list-style-type: none"> 1. Recurve Team Event 2. Compound Team Event 	<ul style="list-style-type: none"> 2011 2012 2013*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

- Participating delegations can register all the athletes they want in each category
- Only archers participating in the individual event can participate in the team events
- Each delegation must register a minimum of 1 coach per gender
- Each delegation can register all the team officials they want

TEAM EVENTS

- | | |
|-----------------------------|---|
| • Recurve Boys Team Event | 3 boys from the same delegation |
| • Compound Boys Team Event | 3 boys from the same delegation |
| • Recurve Girls Team Event | 3 girls from the same delegation |
| • Compound Girls Team Event | 3 girls from the same delegation |
| • Recurve mixed team | 1 boy and 1 girl from the same delegation |
| • Compound mixed team | 1 boy and 1 girl from the same delegation |

The following friendly events will be held during the archery competition days:

- Recurve international mixed team event = 1 boy and 1 girl from different delegations
- Compound international mixed team event = 1 boy and 1 girl from different delegations

International mixed teams will be announced after the individual qualification round.
International mixed team event will not be taken into consideration for medal standings.

ISF GYMNASIADE 2025

SPORTS

▶ ATHLETICS

BOYS	GIRLS	AGE CATEGORY
<ul style="list-style-type: none">▪ 100m, 200m, 400m, 800m, 1500m▪ 100m hurdles (0,838m), 300m hurdles (0,762m)▪ High Jump, Long Jump, Triple Jump▪ Shot Put (4kg), Discus (1.0kg), Javelin (600g)▪ 4x100m relay, Medley (100x200x300x400m)	<ul style="list-style-type: none">▪ 100m, 200m, 400m, 800m, 1500m▪ 100m hurdles (0,762m), 300m hurdles (0,762m)▪ High Jump, Long Jump, Triple Jump▪ Shot Put (3kg), Discus (0,750kg), Javelin (500g)▪ 4x100m relay, Medley (100x200x300x400m),	2010 2011 2012*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.
- Each participant can register in more than one discipline.
- Each delegation must register a minimum of 1 coach per gender.

ISF GYMNASIADE 2025

SPORTS

► BADMINTON

BOYS	GIRLS	MIXED	AGE CATEGORY
1. Single 2. Double	1. Single 2. Double	1. Mixed double 2. Mixed team relay	2010 2011 2012 2013*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.
- Each delegation must register a minimum of 1 coach.

Minimum number of umpires (field of play official) per delegation:

- from 1 to 4 athletes = 0 field of play officials (umpire)
- 5 or more athletes = 1 field of play official (umpires)

Umpires must have a national/continental or international level license.

*Failure to provide the required number of Field of play officials (umpires) will lead to a fine of 900 EUR per missing umpire.

ISF GYMNASIADE 2025

SPORTS

▶ BASKETBALL 3X3

BOYS	GIRLS	AGE CATEGORY
Tournament	Tournament	2010 2011 2012

COMPETITION SPECIFICS

- There is no limit in registration to the number of teams per country/region per gender and number of team officials.

Each team consists of a minimum :

- 4 athletes
- 1 Other team official
- 1 FOPO (referee)
- Field of play officials (referees) have to be with International/National license 3x3 referees.

*Failure to provide the required number of Field of play officials (referees) will lead to a fine of 900 EUR per missing referee.

ISF GYMNASIADE 2025

SPORTS

▶ BEACH VOLLEYBALL

BOYS Tournament	GIRLS Tournament	AGE CATEGORY 2010 2011 2012*
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*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

There is no limit in registration to the number of teams per country/region per gender and number of team officials.

Each team consists of a:

- minimum 2 and maximum 3 athletes
- 1 coach

Field of play officials (referees) have to be FIVB Beach Volleyball licensed or National Beach Volleyball licensed.

- 1 FOPO (referee) per delegation

*Failure to provide the required number of Field of play officials (referees) will lead to a fine of 900 EUR per missing referee.

ISF GYMNASIADE 2025

SPORTS

▶ BOXING

CLASS A (2011-2012)

BOYS	GIRLS
38-40kg	34-36kg
40-42kg	36-38kg
42-44kg	38-40kg
44-46kg	40-42kg
46-48kg	42-44kg
48-50kg	44-46kg
50-52kg	46-48kg
52-54kg	48-51kg
54-57kg	51-54kg
57-60kg	54-57kg
60-63kg	57-60kg
63-66kg	60-64kg
66-70kg	64-70kg
70-75kg	
75-80kg	
80-90kg	

CLASS B (2010)

BOYS	GIRLS
44-46kg	44-46kg
46-48kg	46-48kg
48-50kg	48-50kg
50-52kg	50-52kg
52-54kg	52-54kg
54-57kg	54-57kg
57-60kg	57-60kg
60-63kg	60-63kg
63-66kg	63-66kg
66-70kg	66-70kg
70-75kg	70-75kg
75-80kg	75-80kg
80+kg	80+kg

COMPETITION SPECIFICS

The tournament will be organized in 2 age categories for each gender
Class A (2011-2012); Class B - (2010).

- There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.
 - Each delegation must have at least 1 coach per gender.
 - Minimum number of FOPO (judges) per delegation:
 - From 1 to 4 athletes = 0 FOPO (Judge)
 - From 5 to 8 athletes = 1 FOPO (Referee & Judge) must be a minimum of IBA 1
 - 9 or more athletes = 2 FOPOs (Referee & Judge) must be a minimum of IBA 1
- FOPO (referee&judge) must bear minimum IBA1

ISF GYMNASIADE 2025

SPORTS

► CHESS

BOYS

Rapid Tournament: 11 rounds, 15 minutes + 10 seconds per player

Blitz Tournament: 11 rounds, 5 minutes + 3 seconds per player

GIRLS

Rapid Tournament: 11 rounds, 15 minutes + 10 seconds per player

Blitz Tournament: 11 rounds, 5 minutes + 3 seconds per player

AGE CATEGORY

2010

2011 - 2012 - 2013

2014 - 2015 - 2016*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.

Each delegation must register at least 1 coach.

Tournaments: Four separate chess tournaments will be organized for boys and girls born between 2010 and 2016.

The Rapid Chess Tournaments for boys and girls will follow the Individual Swiss System and consist of 11 rounds. The time control will be 15 minutes with a 10-second increment per move starting from move 1 for both players. The number of rounds may be adjusted based on the total number of registered athletes.

The Blitz Chess Tournaments for boys and girls will also follow the Individual Swiss System and consist of 11 rounds. The time control will be 5 minutes with a 3-second increment per move starting from move 1 for both players. The number of rounds may be adjusted based on the total number of registered athletes.

There is no limit to the number of athletes each delegation can register for the chess competition. However, each delegation must include at least one Head of Delegation, one Coach, and one Athlete.

ISF GYMNASIADE 2025

SPORTS

▶ DANCE SPORT

AGE CATEGORY	2010-2011-2012-2013*		
BREAKING	PERFORMING ART	HIP HOP	LATIN
1. Boys 2. Girls 3. Mixed	1. Boys 2. Girls 3. Teams (Boys/Girls/Mixed)	1. Boys 2. Girls 3. Teams (Boys/Girls/Mixed)	1. Girls 2. Couples (Girl&Boy) 3. Teams (Boys/Girls/Mixed)

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

There is no limit to the number of athletes per country/region per event per gender and number of team officials.

There is no limit to the maximum number of participants per team.

Each delegation must have at least 1 coach per discipline.

Each delegation must have 1 judge.

ISF will nominate judges from different countries/regions, according to nominations.

*Failure to provide the required number of Field of play officials (judges) will lead to a fine of 900 EUR.

ISF GYMNASIADE 2025

SPORTS

► DANCE SPORT

FORMAT AND COMPETITIONS TYPE

- BREAKING DISCIPLINE
 - 1vs1 Bboys battle,
 - 1vs1 Bgirls battle.
 - 2vs2 mixed battle (duo; 1 Bboy and 1 Bgirl).
- PERFORMING ART DISCIPLINE
 - Individual boys,
 - Individual girls,
 - Team: girls and/or boys and/or mixed.

Teams' is a competition form in which minimum 4 athletes compete together in form of a team. The entire performance must consist of Jazz technique or modern dance techniques and current trends in Modern and contemporary dance. The teams will dance to their own music.

- HIP HOP DISCIPLINE
 - Individual boys,
 - Individual girls,
 - Team: girls and/or boys and/or mixed.

Teams' is a competition form in which minimum 4 athletes compete together in form of a team. Solo, duo and reduced group-elements are allowed but the team will be judged as a whole at all times. The small teams will dance to their own music.

- LATIN DISCIPLINE
 - Individual girls,
 - Couples: 1 boy and 1 girl,
 - Team: girls and/or boys and/or mixed

In Latin discipline athletes and couples compete in all 5 Latin dances: Samba, Cha-Cha-Cha, Rumba, Paso Doble and Jive. Teams' is a competition form in which minimum 4 athletes compete together in form of a team. Teams must base their choreographies on all 5 Latin dances: Samba, Cha-Cha-Cha, Rumba, Paso Doble and Jive. The teams will dance to their own music.

ISF GYMNASIADE 2025

SPORTS

► FENCING

BOYS	GIRLS	AGE CATEGORY
1. Epee	1. Epee	2010
2. Sabre	2. Sabre	2011
3. Foil	3. Foil	2012*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.
- Each delegation must enter a minimum 1 coach.

Each participating delegation must bring a minimum number of Judges (FIE A or B grade referee license in at least 2 weapons) per delegation as follows:

- from 1 to 4 athletes = 0 FOPO (Judge)
- 5- 8 athletes = 1 FOPO (Judge)
- 9 or more athletes= 2 FOPOs (Judges)
- FOPO (judge) must bear FIE A or B-grade referee, with licenses in at least 2 weapons.

*Failure to provide the required number of Field of play officials (judges) will lead to a fine of 900 EUR per missing judge.

ISF GYMNASIADE 2025

SPORTS

▶ AEROBIC GYMNASTICS

BOYS	GIRLS	MIXED	AGE CATEGORY
1. Individual	1. Individual	1. Pairs 2. Trio 3. Group	2011 2012 2013

COMPETITION SPECIFICS

- **All athletes must have a valid FIG license which is valid till the end of the competition.**
- There is no limit in registration to the number of athletes (teams) per country/region per event per gender and the number of judges.
- Individual girl: 1 girl competitor
- Individual boy :1 boy competitor
- Mixed pairs: 1 boy and 1 girl
- Trio :3 competitors of optional gender
- Group competition = 5 competitors of optional gender
- Athletes who have competed in a Senior Age category in an official FIG event may not participate in the Gymnasiade.
- 1 athlete can compete in maximum 3 categories

Coaches :

- All coaches must be in possession of a valid FIG coach profile

Each delegation is required to bring judge(s):

- All judges must have a valid FIG brevet (Category 1-2-3 or 4)

Judges division

- from 1 to 4 athletes = 1 judge
- 5 or more athletes = 2 judges

*Failure to provide the required number of Field of play officials (judges) will lead to a fine of 900 EUR per missing judge.

ISF GYMNASIADE 2025

SPORTS

▶ ARTISTIC GYMNASTICS

BOYS	GIRLS	AGE CATEGORY
<ul style="list-style-type: none"> • Floor Exercise • Pommel Horse • Rings • Vault • Parallel Bars • Horizontal Bar • Individual All-Around • Team Competition 	<ul style="list-style-type: none"> • Vault • Uneven Bars • Balance Beam • Floor Exercise • Individual All-Around • Team Competition 	<p>Boys :</p> <p>2010</p> <p>Girls:</p> <p>2010</p> <p>2011</p>

COMPETITION SPECIFICS

- **All athletes must have a valid FIG license which is valid till the end of the competition**
- There is no limit to the number of athletes (teams) per country/region per event per gender and number of judges.
- Team competition division (MAG/WAG):
- The team is composed of 3 to 5 athletes.
- Athletes who have competed in a Senior Age category in an official FIG event may not participate in the Gymnasiade.

Coaches :

- All coaches must be in possession of a valid FIG coach profile

Each delegation is required to bring judge(s)

- All judges must have a valid FIG brevet (Category 1-2-3 or 4)

Example :

Judges division - MAG / WAG :

- Individual: 1-2 athletes = 1 judge per gender
- Team : 3-5 athletes =2 judges per gender
- Participating in both = 3 judges
- 1 woman Athlete = 1 woman Judge
- 1 boy Athlete = 1 boy Judge
- Team of Girls = 2 Judges
- Team of Boys = 2 Judges

*Failure to provide the required number of Field of play officials (judges) will lead to a fine of 900 EUR per missing judge.

ISF GYMNASIADE 2025

SPORTS

▶ RHYTHMIC GYMNASTICS

GIRLS		AGE CATEGORY
GROUP COMPETITION <ul style="list-style-type: none"> • 5 pairs of Clubs • 5 Hoops 	INDIVIDUAL COMPETITION <i>All around competition</i> <ul style="list-style-type: none"> • Hoop • Ball • Clubs • Ribbon • Individual Finals Apparatus 	2010 2011

COMPETITION SPECIFICS

- **All athletes must have a valid FIG license which is valid till the end of the competition**
- There is no limit to the number of athletes (teams) per country/region per event per gender and number of judges
- The group is composed of 5 to 6 athletes.
- Athletes who have competed in a Senior Age category in an official FIG event may not participate in the Gymnasiade.

Coaches :

- All coaches must be in possession of a valid FIG coach profile

Each delegation is required to bring judge(s) All judges must have a valid FIG brevet (Category 1-2-3 or 4)

- Individual Participation = 1 judge
- Group Participation = 1 judge
- Individual and Group Participation = 2 judges

Example

1 or more Individuals = 1 judge
 2 groups from 5-6 athletes=2 judges
 1 or more individual athletes +2 groups from 5 to 6 athletes= 3 judges
 *and so on

Note: If competing in both individual and group exercises, two judges are required, but one judge is allowed if he /she has a FIG brevet for both the RGI and RGG.

*Failure to provide the required number of Field of play officials (judges) will lead to a fine of 900 EUR per missing judge.

ISF GYMNASIADE 2025

SPORTS

▶ JUDO

BOYS	GIRLS	AGE CATEGORY
-38kg	-32kg	2010
-42kg	-36kg	2011
-46kg	-40kg	2012
-50kg	-44kg	
-55kg	-48kg	
-60kg	-52kg	
-66kg	-57kg	
-73kg	-63kg	
-81kg	-70kg	
+81kg	+70kg	

COMPETITION SPECIFICS

Duration: 4 minutes Golden Score: No time limit

- There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.
- Each delegation must enter a minimum 1 coach per gender.
- Each participating delegation must bring a minimum of 1 FOPO (judge) with an IJF or Continental license.
- Please refer the updated technical rules and regulations for more details.

Further information:

- The competition will be conducted in accordance with the latest IJF SOR and IJF Refereeing Rules. Competition systems according to number of participants:
 - 6 and more entries: Double repechage
 - If there are two (2) to five (5) athletes Round Robin.
 - At least one fight must be won to get a medal. If only one (1) athlete passes the weigh-in there will be no competition.
 - ISF Sport Director reserves the right to change the competition system in the range 2-5 participants on site.

*Failure to provide the required number of Field of play officials (judges) will lead to a fine of 900 EUR per missing judge.

ISF GYMNASIADE 2025

SPORTS

KARATE

AGE CATEGORY

2010 - 2011 - 2012 - 2013*

*Year of birth may differ following IF regulation.

CATEGORY BY BELTS

Individual Kata

A. Green and Blue

B. Brown and Black

CATEGORY BY RANKING

Individual Kobudo

A. Intermediate

B. Advanced

SPORT KUMITE

1. CADETS (2010-2011)

2. JUVENIL (2012-2013)

Individual and team Inter-style All Belts

Boys (Cadets)	Girls (Cadets)	Boys (Juvenil)	Girls (Juvenil)
1.-55 kg	1.-48kg	1.-43 kg	1.-43kg
2.-65 kg	2.-55kg	2.-53 kg	2.-50kg
3.+65 kg	3.+55kg	3.+53 kg	3.+50kg

**sanbon shobu system*

**ippon shobu system*

Cadets

Juvenil

Individual Kata Girls	Team Kata Girls
Individual Kata Boys	Team Kata Boys
Ind. Fuku-Go Girls	Enbu Girl&Boy
Ind. Fuku-Go Boys	Enbu Boy&Boy
Individual Ikkaido	Embu Girl&Girl
Ind. Kumite Girls (Ippon and Shobu System)	Kumite Team Girls (Ippon and Shobu System)
Ind. Kumite Boys (Ippon and Shobu System)	Kumite Team Boys* (Ippon and Shobu System)
Individual Kobudo Girls (Long weapons and Short weapons)	Individual Kobudo Boys (Long weapons and Short Weapons)

Individual Kata Girls	Team Kata Girls
Individual Kata Boys	Team Kata Boys
Ind. Kihon Girls	Enbu Girl&Boy
Ind. Kihon Boys	Enbu Boy&Boy
Individual Ikkaido	Embu Girl&Girl
Ind. Kumite Girls (Ippon and Shobu System)	Kumite Team Girls (Ippon and Shobu System)
Ind. Kumite Boys (Ippon and Shobu System)	Kumite Team Boys* (Ippon and Shobu System)
Individual Kobudo Girls (Long weapons and Short weapons)	Individual Kobudo Boys (Long weapons and Short Weapons)

ISF GYMNASIADE 2025

SPORTS

▶ KARATE

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country/region per event per gender and the number of team officials.

- Each delegation must enter a minimum of 1 coach per gender.
- Each participating delegation must bring a minimum number of FOPO (judges) per delegation:
 - from 1 to 5 athletes = 0 FOPO (Judge)
 - from 6 to 20 athletes = 1 FOPO (Judge)
 - from 21 to 50 athletes = 2 FOPOs (judges)
 - 51 or more athletes = 3 FOPOs (Judges)
- FOPO (judge) must hold a category A license.

*Failure to provide the required number of Field of play officials (judges) will lead to a fine of 900 EUR per missing judge .

ISF GYMNASIADE 2025

SPORTS

► ORIENTEERING

BOYS	GIRLS	AGE CATEGORY
1. Individual and/or team sprint distance 2. Individual and/or team middle distance	1. Individual and/or team sprint distance 2. Individual and/or team middle distance	2010 2011 2012*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country/region per event per gender and number of team officials.
- Each delegation must enter a minimum 1 coach per gender.
- Each country/region has one team.
- The team is composed of each registered individual competitor who is an attendee of the country/region where the school is located.
- To get ranked in the team competition, there must be a minimum of 3 official results in each discipline.
- If a country/region has less than 3 runners in a category, these runners will only take part as an individual.
- Athletes will be able to run to a mixed friendship team event (non-medal event).

ISF GYMNASIADE 2025

SPORTS

▶ PADEL

BOYS	GIRLS	MIXED	AGE CATEGORY
Double	Double	Double	2011
			2012
			2013
			2014*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.

Each delegation may enter a minimum of :

- 2 athletes per gender
- 1 coach per gender

ISF GYMNASIADE 2025

SPORTS

▶ SWIMMING

BOYS	GIRLS	MIXED RELAYS	AGE CATEGORY
Freestyle: 50m, 100m, 200m, 400m, 800m, 4x100m relay Backstroke: 50m, 100m, 200m Breaststroke: 50m, 100m, 200m Butterfly: 50m, 100m, 200m Medley: 200m, 400m, 4x100m relay	Freestyle: 50m, 100m, 200m, 400m, 800m, 4x100m relay Backstroke: 50m, 100m, 200m Breaststroke: 50m, 100m, 200m Butterfly: 50m, 100m, 200m Medley: 200m, 400m, 4x100m relay	Freestyle: 4x100m relay (2 female and 2 male swimmers) Medley: 4x100m relay (2 female and 2 male swimmers)	2010 2011 2012*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.
- Each delegation must enter a minimum of 1 coach per gender.
- Each delegation may enter an unlimited number of swimmers in individual events
- Each swimmer may enter an unlimited event plus the relays.
- Each delegation may enter more than one (1) team in each relay event.
- Only two swimmers can advance to the final from each country/region. For the relays, only one team can compete at the finals from each country/region.
- The competition will be held in short courses. (25m)

ISF GYMNASIADE 2025

SPORTS

▶ TABLE TENNIS

BOYS	GIRLS	AGE CATEGORY
1. Single	1. Single	2010
2. Teams	2. Teams	2011
		2012
		2013*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.

Each delegation may enter a minimum of :

- 1 athlete per gender
- 1 coach per gender
- 1 FOPO (judge)

Minimum number of field of play officials (umpire) per delegation:

- from 1 to 4 athletes = 1 FOPO (judge)
- 5 or more athletes = 2 FOPOs (judge)

Each athlete can register for all events.

Team competition:

- Minimum 3 athletes must be from the same delegation.
- Maximum 4 athletes can be from the same delegation.
- If only 2 athletes are present, it is not possible to participate in the team competition.

*Failure to provide the required number of Field of play officials (judges) will lead to a fine of 900 EUR per missing referee.

ISF GYMNASIADE 2025

SPORTS

▶ TAEKWONDO

General Conditions: - The competition will be run according to the ISF and World Taekwondo Federation (WT) technical rules under the direction of the ISF and WT. Any decisions over matters not mentioned in the present document will be taken by the WT technical delegate and ISF TC.

AGE CATEGORY		2011-2012-2013*	
KYORUGI		POOMSAE	
BOYS	GIRLS	BOYS	GIRLS
1. -33kg	1.-29kg	Recognized	Recognized
2. -37kg	2.-33kg	Individual	Individual
3. -41kg	3.-37kg	Team (3 athletes)	Team (3 athletes)
4. -45kg	4.-41kg	Freestyle	Freestyle
5. -49kg	5.-44kg	Individual	Individual
6. -53kg	6. -47kg	MIXED GENDER	
7. -57kg	7. -51kg	Recognized	
8. -61kg	8.-55kg	Pair	
9. -65kg	9.-59kg	Freestyle	
10. + 65kg	10. +59kg	Pair	
		Team of 5 athletes (2 Boys and 3 Girls or 2 Girls and 3 Boys)	

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

- The event is recognized by World Taekwondo.
- The competition will be held for color and black belts separately
- Athletes need to have a GAL (Global Athlete Licence).
- Black belt athletes need to have an international GAL
- Colour belt athletes need to have a national GAL
- Coaches need to have a Coach courses active GOL (Global Official License)
- There is no limit in registration to the number of athletes per country/region per event per gender and number of team
- officials
- Each delegation must enter a minimum 1 coach per gender

To be eligible to participate in the black belt competition:

- Kyorugi and Poomsae Qualification of Contestant (According to WT Rules):
- One recommended by the WT MNA and ISF School Sports Entity
- Holder of Taekwondo Poom certificate issued by the Kukkiwon
- Holder of the WT Global Athlete License (GAL)

Following the agreement with World Taekwondo(WT), each participating delegation must bear the cost of the stay of the referees who will be appointed by WT, with the fee depending on the number of athletes registered.

- From 1 to 5 athletes = 150€
- From 6 to 20 athletes = 300€
- 21 or more athletes= 450€

ISF GYMNASIADE 2025

SPORTS

▶ TENNIS

BOYS	GIRLS	AGE CATEGORY
1. Single 2. Double 3. Teams	1. Single 2. Double 3. Teams	2010 2011 2012*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

There is no limit in registration to the number of athletes per country/region per event per gender and number of team officials.

Please refer detailed rules and regulations for clear explanation to finalize delegation composition for team events, singles or doubles.

Registration.

- **Athletes can register in a maximum of two (2) competition events. (Teams/ Singles/ Doubles).**
- Every delegation presenting more than one (1) athlete per gender must register a team.
- Every delegation presenting one (1) athlete will participate in singles competition.
- Every delegation can register a maximum of two (2) Teams per gender.
- For those delegations registering more that two (2) players, once the delegation registered a team, its not mandatory that every athlete must be registered in Team Competition.
- Every delegation can register as many single athletes as they want. No limit for singles.
- Every delegation can register as many doubles as they want. No limit for doubles.

Minimum number of field of play officials (referees) per delegation:

- Between 1 to 4 athletes = 0 FOPO (referee)
- **5 or more athletes** = 1 FOPO (referee)

FOPO needs to hold an ITF license.

*Failure to provide the required number of Field of play officials (referees) will lead to a fine of 900 EUR per missing referee.

ISF GYMNASIADE 2025

SPORTS

▶ WRESTLING

AGE CATEGORY	2010 - 2011 - 2012		
BOYS			
FREESTYLE	GRECO ROMAN		GIRLS FREESTYLE
1.34-38kg	1.34-38kg		1. 29-33kg
2.41kg	2.41kg		2. 36kg
3.44kg	3.44kg		3. 39kg
4.48kg	4.48kg		4. 42kg
5.52kg	5.52kg		5. 46kg
6.57kg	6.57kg		6. 50kg
7.62kg	7.62kg		7. 54kg
8.68kg	8.68kg		8. 58kg
9.75kg	9.75kg		9. 62kg
10.85kg	10.85kg		10. 66kg

COMPETITION SPECIFICS

- There is no limit in registration to the number of athletes per country/region per event per gender and number of team officials
- It is strongly recommended that all-athletes hold valid UWW license
- Each delegation must enter a minimum 1 coach per gender
- Each delegation must bring a minimum number of FOPO (referee) as follow:
 - 4 or more athletes = min 1 and up to 3 FOPOs (referees)
- Referees must hold a UWW referee license for 2025.

*Failure to provide the required number of Field of play officials (referees) will lead to a fine of 900 EUR per missing referee.

ISF GYMNASIADE 2025

SPORTS

▶ PARA ATHLETICS

BOYS	GIRLS	AGE CATEGORY
1. 100 m (track)	1. 100 m (track)	2010
2. 400 m (track)	2. 400 m (track)	2011
3. 1500 m (track)	3. 1500 m (track)	2012*
4. Shot put (field)	4. Shot put (field)	
5. Javelin throw (field)	5. Javelin throw (field)	
6. Discus throw (field)	6. Discus throw (field)	
7. Club (hammer) throw (field)	7. Club (hammer) throw (field)	
8. Long jump (field)	8. Long jump (field)	

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

Each delegation may enter a minimum of :

- 1 athlete per gender
- 1 coach per gender
- 1 team official

There is no limitation on number of athletes per country/region per event.

There is no limitation on number of coaches and Team officials per country/region.

Eligible impairments

- **Physical impairments:**
 - Impaired muscle power
 - Impaired passive range of motion
 - Ataxia
 - Athetosis
 - Hypertonia
 - Leg length difference
 - Limb deficiency/loss
 - Short stature
- **Intellectual impairments:**
 - Class II 1
- **Vision impairments**
 - Less than 1/10th to the best eye after correction (two categories: total blind on one side and visually impaired on the other)

Certification of classification

- For athletes with physical and visual disabilities, the National classification will be applied.
- For athletes with intellectual impairment, the criteria corresponding to VIRTUS II1 will be applied:
- An IQ of 75 or less,
- A significant limitation of adaptive behavior expressed in conceptual, social, and practical adaptive skills,
- The deficiency must have been diagnosed before the age of 18.
- The National medical diagnostic form must be submitted to the registration system (ERAS) by 3rd March 2025 (deadline of data collection)

ISF GYMNASIADE 2025

SPORTS

▶ PARA BADMINTON

BOYS	GIRLS	MIXED	AGE CATEGORY
1.Single	1.Single	1.Mixed double	2010
			2011
			2012
			2013*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

Each delegation may enter a minimum of :

- 1 athlete per gender
- 1 coach per gender
- 1 team official

There is no limitation on number of athletes per country/region per event.

There is no limitation on number of coaches and Team officials per country/region.

Eligible Impairments (Physical Only)

- Hypertonia
- Ataxia
- Athetosis
- Limb Deficiency
- Impaired Passive Range of Movement
- Impaired Muscle Power
- Leg Length difference
- Short Stature / Achonodroplasia or other

Classification

- *Wheelchair 1 (WH1)*: Players in this class require a wheelchair to play badminton. Players in this Sport Class usually have impairment in both lower limbs and trunk function.
 - *Wheelchair 2 (WH2)*: A player in this class could have impairment in one or both lower limbs and minimal or no impairment of the trunk. Players are required to play on a wheelchair in this class.
 - *Standing Lower (SL3)*: In this class a player must play standing. The player could have impairment in one or both lower limbs and poor walking/running balance.
 - *Standing Lower (SL4)*: A second standing class where the player has a lesser impairment compared to Sport Class SL 3. The player could have impairment in one or both lower limbs and minimal impairment in walking/running balance.
 - *Standing Upper (SU5)*: The players in this class have impairment of the upper limbs. The impairment could be on the playing or non-playing hand.
 - *Short Stature (SH6)*: These are players who have a short stature due to a genetic condition often referred to as "dwarfism".
- All athletes, except those who have already been classified as Confirmed by the BWF, will undergo classification before starting the tournament.
 - The National medical diagnostic form must be submitted to the registration system (ERAS) by March 3rd, 2024

ISF GYMNASIADE 2025

SPORTS

▶ PARA JUDO

BOYS	GIRLS	AGE CATEGORY
1. -55kg	1. - 57kg	2010
2. -66kg	2. +57kg	2011
3. +66kg		2012*

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

Each delegation may enter a minimum of :

- 1 athlete per gender
- 1 coach per gender
- 1 team official

There is no limitation on number of athletes per country/region per event.

There is no limitation on number of coaches and Team officials per country/region.

Eligible impairments

Vision impairments: B1, B2, B3 according to the old classification system, and/or J1, J2 according to the new classification system will be allowed to compete.

There is no limit in registration to the number of athletes per country/region per event per gender and a number of team officials.

Certification of classification:

- For athletes with vision and deaf disabilities, the National classification will be applied.
- The National Medical Diagnostic form must be submitted to the registration system (ERAS) by 3rd March, 2025.

ISF GYMNASIADE 2025

SPORTS

▶ PARA SWIMMING

BOYS	GIRLS	AGE CATEGORY
1. 50m breaststroke	1. 50m breaststroke	2010
2. 50m butterfly	2. 50m butterfly	2011
3. 50m backstroke	3. 50m backstroke	2012*
4. 50m freestyle	4. 50m freestyle	
5. 200m freestyle	5. 200m freestyle	
6. 200m medley	6. 200m medley	

*Year of birth may differ following IF regulation.

COMPETITION SPECIFICS

Each delegation may enter a minimum of :

- 1 athlete per gender
- 1 coach per gender
- 1 team official

There is no limitation on number of athletes per country/region per event.

There is no limitation on number of coaches and Team officials per country/region.

Eligible impairments

- **Physical impairments:**
 - Impaired muscle power
 - Impaired passive range of motion
 - Ataxia
 - Athetosis
 - Hypertonia
 - Leg length difference
 - Limb deficiency/loss
 - Short stature
- **Intellectual impairments:**
 - Class II 1
- **Vision impairments**
 - Less than 1/10th to the best eye after correction (two categories: total blind on one side and visually impaired on the other)

Certification of classification:

- For athletes with physical and visual disabilities, the National classification will be applied.
- For athletes with intellectual impairment, the criteria corresponding to VIRTUS II1 will be applied:
 - An IQ of 75 or less,
 - A significant limitation of adaptive behavior expressed in conceptual, social, and practical adaptive skills,
 - The deficiency must have been diagnosed before the age of 18.
- The National medical diagnostic form must be submitted to the registration system (ERAS) by 3rd March, 2025

ISF GYMNASIADE 2025

SPORTS

▶ INTERNATIONAL SPORT FEDERATIONS



INTERNATIONAL
OLYMPIC
COMMITTEE



INTERNATIONAL
PARALYMPIC
COMMITTEE



world
anti-doping
agency



ISF GYMNASIADE 2024

PART 3

**LEARN MORE
ABOUT
ISF ACADEMY**

ISF U15 GYMNASIADE 2025

ISF ACADEMY



The ISF Academy is the educational center of the International School Sport Federation delivering online and onsite capacity-building activities for teachers, school sports representatives, coaches, officials, and students around the world. It aims to recognize and or to upgrade the knowledge and skills of any of these stakeholders involved or planning to be involved in national, continental, or international sports, educational networks, institutions, events, or organisation.

The mission of this body is to design and deliver short-, mid-, and long-term quality education and capacity-building activities for students, physical education teachers, national school sport representatives, coaches and officials around the world. These educational programmes will be held online on the ISF Academy platform prior to the events and particularly during the organisation of ISF events on-site, after the competition hours.

Therefore, before and during this international ISF event, heads of delegation, coaches, referees, international school athletes, and local school students will have the opportunity to take part in various interactive educational activities on different topics.



ISF U15 GYMNASIADE 2025

ISF ACADEMY

► HEADS OF DELEGATION AND COACHES PROGRAMME

The ISF Academy will organise an online webinar, a few weeks before the event to support the Head of Delegation, Coaches in preparing their mission within an ISF event. These online educational & capacity building activities are compulsory to attend for all the following adults' stakeholders taking part in ISF events:

- 1) Heads of Delegation (**Compulsory**)
- 2) Coaches (**Compulsory**)

The programme will be composed of different modules related to the ISF, the Organising Committee, and several crucial subjects related to Safeguarding Children in Sport, Anti-Doping, and Diplomacy in Sport. Other topics might be added as well.



Any adults having key responsibilities towards, the ISF, the Local Organising Committee, and ultimately school students within an ISF international event shall be taking part in this crucial educational programme which will contribute to supporting these adults in their duty and mission before, during, and after the event.

Note: The Head of Delegations and Coaches will be informed in due time of the dates of the online webinar. The detail programme of this webinar as well.

After each online workshop, participants will receive a link to complete assessments. To validate their certificate of completion, each participant must have a minimum of 50% success rate to all the assessments before receiving the certificate.

► ATHLETES WORKSHOP

- SAFEGUARDING CHILDREN IN SPORT
- ANTIDOPING PREVENTION IN SPORT
- MENTAL HEALTH and WELL-BEING
- INJURY PREVENTION TO ATHLETIC PERFORMANCE
- TEAMBUILDING WORKSHOPS

The ISF's promotion of school sport by the ISF Academy through its international events also involves the transmission of knowledge through workshops on three themes that are dear to us all: **Safeguarding Children in Sport, Doping Prevention in Sport, Mental Health and Well-Being, Injury prevention to athletic performance and teambuilding workshops.**

ISF firmly believes that children must, through these workshops, develop the necessary inner resources to understand, identify, and react to negative behaviors such as racism, gender inequality, violence, and abuse, as well as to gain proper knowledge about doping and appropriately address mental health issues among athletes.

The challenge for ISF is to find the right way to express difficult ideas and present complicated topics to young people so that they understand, but also so that they correctly apprehend this problem and are able to react to it.

Raising awareness and enabling participants to transfer their knowledge to their peers back home are also key elements of ISF. During this event, athletes from all over the world will attend several workshop sessions given by experts in the field, passing on their knowledge and experience through dedicated, constructive, and interactive pedagogy.

Therefore, **all athletes participating in ISF events are required to attend the ISF Academy's seminars.** These seminars are scheduled to **take place during the event,** in the afternoon or evening. Specific delegation time slots will be communicated during the event briefing.



► MASTER PROGRAMME SERBIA PE TEACHER

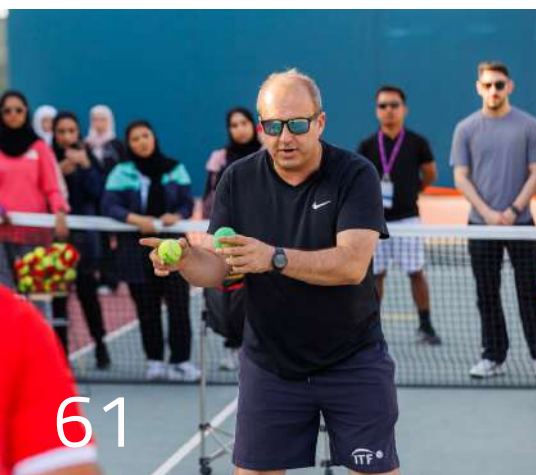
IFs experts delivering daily Workshop

The ISF Academy collaborates with various International Federations (IFs) to provide **On-site training for local PE teachers.** Experts from each IF conduct these training sessions, which are designed to ensure the best performance and physical and emotional safety for athletes. The training is customized by sport and combines theoretical knowledge with practical application. It will take place from **April 6th to 10th, over five days.**

The goal of MASTER PE WORKSHOP program is to empower local PE teachers with advanced, sport-specific training that enhances their skills and knowledge. By collaborating with experts from various International Federations, the program ensures that teachers gain both theoretical and practical expertise tailored to each sport. This approach aims to optimize athletes' performance while prioritizing their physical and emotional safety, enabling teachers to foster a safe, supportive, and effective training environment.



***Participating organizations may vary depending on the circumstances.**



► FUN & SKILLS ZONE

The **Fun and Skill Zone** concept aims to **provide the participants athletes, coaches and the local young participants with an open area where a variety of educational, physical, and cultural activities** are proposed on the daily basis. More than twenty (20) **international federations, ISF Academy educational and national organisations & partner booths** will gather aiming to raise awareness on the Olympic values and art, to discover traditional or innovative sports, and to discover the culture of the different participating countries/regions and particularly Serbia. Participants will have the occasion to participate in activities with all our International Sports Federations partners, with our safeguarding Children, Doping prevention, mental health, physiology and kinesiology experts (complex core).

It will be the heart of the Gymnasiade. The place where the different delegations can meet, learn, discuss and get to know each other better.



ISF U15 GYMNASIADE 2025

ISF ACADEMY

ISF HEADS OF DELEGATIONS, COACHES AND REFEREES ONLINE WEBINAR FINANCIAL CONDITIONS

Below you will find the registration price for the different stakeholders:

- Head of Delegation (HoD): **150 euros**
- Assistant to the Head of Delegation (if any): **150 euros**
- Coaches: **150 euros**

Important:

The ISF member federations (or other organisation if they are not ISF members) participating in the event will be responsible for covering the costs of the online course for the representatives of their delegation for the categories above. The participating organisation (ISF member or non-member) will receive in the general payment overview for their participation in ISF events, the costs related to the courses for the Head of Delegation and Coaches participating in the event.

Assessments & Certification

Following their active participation in the educational programme and webinars, the participants will be kindly requested to take part in an assessment of knowledge for each of the modules. This assessment will be available on the online platform of the academy. Each participant will receive a link to complete these assessments.

In order to validate their certification, each participant must participate in the complete webinars and complete the all the assessments.

To validate their certification, each participant must have a minimum of 50% success rate to all the assessments.

Each participant certified will receive their diploma by email individually.

SEE YOU IN SERBIA

FOR A ONCE IN A LIFETIME EXPERIENCE

