



# IBSA JUDO Small Country Challenge and International Training camp Nastola 2023 Lahti, Finland, 1.-7.7.2023

Sports Institute of Pajulahti, Pajulahdentie 165,15560 Lahti





# **OUTLINES FOR DELEGATIONS**

# Remarks:

The Small Country Challenge competition and international training camp is a new initiative of IBSA and IBSA judo. The event consists of two parts.

- Competition of so-called small countries (meaning countries with a small number of judokas) and
- the international training camp for all IBSA member countries.

The events will take place if there is a sufficient number of applicants. Therefore, it is important to meet the preapplication deadline exactly.

- Selection of the judokas for the competition:
  - athletes without medals, or points (1st-5th place) at any Paralympic Games and World Championships (included IBSA World Games) so far,
  - o no more than 5 judokas / country in the WRL.
- Selection of the judokas for the international training camp. If a so called Small Country judoka is selected to participate in the competition, this judoka is also required to participate to the whole training camp.
   Partial participation is not possible.

Eliminou:





 All IBSA member countries and all judokas are invited to the training camp, if there are slots available. In the first priority are the Small Country judokas. Partial participation is not possible.

Maximum number of judokas and staff is 100 persons

This competition provides points for IBSA Judo WRL

The competition is scheduled to take place on one mat

Formatou: Cor do tipo de letra: Automática







Dear judo friends,

Welcome to Finland and Pajulahti Olympic and Paralympic Training Center, where the IBSA (International Blind Sports Association) Judo Open Worldwide Tournament for small countries is organized. After the tournament, also the first IBSA Judo International training camp will be organized.

The event offers an opportunity to participate and catch up for small countries in terms of judo and this is a good opportunity for all IBSA Judo countries to collaborate and learn from each other. The event also gives points for the Paralympic World Ranking List.

Tikkurila Judo Club and Pajulahti are responsible for the arrangements of the event, and together they are a strong player in international judo events. I thank both parties and the Finnish Paralympic Committee for the good cooperation. A big thanks also to all officials, referees and volunteers involved in the arrangements and IBSA for the trust in organizing an important event in Finland.

I wish all the athletes good luck and success and a good camp.

Esa Niemi President Finnish Judo Association









# **IMPORTANT INFORMATION**

# 1. DEADLINES AND KEY DATES

Action	Date
Deadline for entry by number	10.4.2023
Deadline for entry by name	31.5.2023
Deadline for visa request	30.4.2023
Deadline for flight information	31.5.2023
Deadline for accreditation form	31.5.2023
Deadline for payment	10.4.2023
Arrival (check-in after 3 Pm)	1.7.2023
Accreditation	1.7.2023
Classification*	No classification
Training	1.7.2023
Draw online	2.7.2023
Referee's meeting	2.7.2023
Opening Ceremony	2.7.2023
Competition	2.7.2023
Competition's departure (check out before 12:00 PM)	
Training camp	36.7.2023
Camp's departure	7.7.2023

# 2. PARTICIPATION RULES

All judokas must possess the IBSA ISAS code. All IBSA athletes must be registered on the IBSA Sport Administration System (ISAS). Entries should be made by the ISAS Online Registration System with attention to the deadlines stated above <a href="https://isas.ibsasport.org/isas/entries/index">https://isas.ibsasport.org/isas/entries/index</a> and through the forms for the organizing committee. Registration made only in ISAS will not be considered and registration made with only with LOC will not be considered. Both must be completed and submitted within the deadline stipulated by the LOC.

All IBSA member federations, officials, coaches, and athletes participating in the event described in these outlines must respect and accept the authority of the IBSA Officials, the IBSA Statutes & rules, the IJF Sports and Organization Rules (SOR), the IBSA Refereeing Rules and IBSA IJR. Individuals deemed to have acted against the above-mentioned rules, its principles, or purposes shall be subject to suspension or expulsion from the event and/or cancellation of their accreditation cards.





Any delegate is eligible to inscribe in the competition provided he/she is:

- Holder of IBSA Athletes License for the current year (athletes).
- From a Federation that has paid IBSA Membership fee for the current year.
- Having valid eye classification.
- Not under a disciplinary suspension.
- Not under suspension for anti-doping rule violation.
- Not under medical suspension.
- Healthy and fit for competition.
- Do not carry any communicable diseases that may risk other delegates' health.
- Participating athletes must be born in 2008 (15 years in the calendar year) or before.
- Sufficient technical knowledge and understand fully the IBSA and IJF sport and refereeing rules.
- Participants must also satisfy all regulations in the IJF COVID-19 Protocol and COVID-19 local protocol.

#### 3. BEFORE TRAVELLING

- Passports must be valid for at least 6 months from the date of arrival.
- Check host country entry requirements and airline requirements (if applicable).
- Check if you need a visa, and if yes, request it from the LOC.
- Each IBSA member Federation is responsible for ensuring adequate insurance in the
  case of injury, illness, quarantine, repatriation, etc. of any member from their
  delegation during the event.
- All accommodation fees must be paid in advance of the event by bank transfer.





# 4. LOCAL ORGANISING COMMITTEE (LOC)

Name	Erkki Kokkonen
Address	Pläsinpellonkuja 4 A 12, 00750 Helsinki, Finland
Telephone	+358405242720
number	
Email	<u>ekku.kokkonen@gmail.com</u>
Website	tikkurilanjudokat.fi

# 5. LOCAL EVENT CONTACTS

Accommodation	Erkki	judotoimisto@tikkurilanjudokat.fi	+358405242720
	Kokkonen		
General	Erkki	judotoimisto@tikkurilanjudokat.fi	+358405242720
Enquiries	Kokkonen		
Transport	Erkki	judotoimisto@tikkurilanjudokat.fi	+358405242720
	Kokkonen		
Training	Erkki	judotoimisto@tikkurilanjudokat.fi	+358405242720
	Kokkonen		
Visa	Erkki	judotoimisto@tikkurilanjudokat.fi	+358405242720
	Kokkonen		

Emergency	Päivi Tolppanen	paivitolppanen77@gmail.com	+358505690297
(24 hours,			
English-			
speaking)			

# **6. COMPETITION & TRAINING VENUE**

Name	Nikula Hall, Sports Institute of Pajulahti
Adress	Pajulahdentie 167, 15560 Lahti
Capacity	100
Number of	2
mats	
Website	<u>Liikuntakeskus Pajulahti</u>





# 7. DRAFT PROGRAMME (Competition)

DATE	TIME	ACTIVITY	PLACE
DAIE	IIIVIE	ACTIVITY	PLACE
	All Day	Arrival Delegations - Check in	Sports Institute
1.7.2023	21.00	Coaches meeting	Sports Institute meeting room
w.	15.00-21.00	Unofficial Weigh-in	Nikula hall changing rooms
		COMPETITION DAY 1	
iS	7.00-8.00 7.00.8.00	Official Weigh-in Official judogi pre-control Official backnumber pre-control	Nikula hall changing rooms
2.7.2023	8.45-9.45	Referees meeting	Nikula Hall
23	10:00*	Preliminaries	Nikula Hall
	15:00h	Final Block and awarding ceremonies	Nikula Hall
		TRAINING	
3.7.2023		Training Camp	Nikula Hall
4.7.2023		Training Camp	Nikula Hall
5.7.2023		Training Camp	Nikula Hall
6.7.2023		Training Camp	Nikula Hall
7.7.2023		Departure to Airport for all delegations	Nikula hall

# IMPORTANT REMARKS

 The starting time of the competition may change depending on the final number of registered athletes. Random weigh in and referee meeting will be modified accordingly.





# DRAFT PROGRAMME (International Training camp)

DATE	TIME	ACTIVITY	PLACE
2.7.2023	All Day	Arrival Delegations for the	Sports Institute
		training camp	AINING Programm
			Alivina Frogramm
3.7.2023	All Day	Training Camp	Nikula Hall
4.7.2023	All Day	Training	Nikula Hall
		Camp	
5.7.2023	All Day	Training camp	Nikula Hall
6.7.2023	All Day	Training Camp	Nikula Hall
7.7.2023	Until noon	Departure to Airport for all delegations	Nikula hall

# 8. ENTRY TO THE HOST COUNTRY

For those participants who need a visa the LOC will assist where possible but having the correct visa is the responsibility of each participant. Please note that visa approvals or rejections are done by the Government authorities and the LOC has no control over this and cannot be held responsible for any rejections.

Complete	IBSA JUDO Small Country Challenge 2023 Form invitation.			
the form	ACCOMMODATION, PASSPORTS AND FLIGHTS INFORMATION			
Deadline				
Visa contact	Erkki Kokkonen	judotoimisto@tikkurilanjudokat.fi	+358405242720	

#### 9. TRANSPORTS





The organizer will provide official transportation for competing delegations during the competition. This transportation service includes airport transfers. This includes transportations on arrival and departure days. Please note, that there may be a waiting time in the airport, since delegations are arriving in different times and LOC tries to full buses accordingly. Driving time is approximately 1h 20 minutes. All exceptions are arranged by the LOC, but paid by the requester.

To guarantee airport transfers, arrival and departure details for each participant should be included in accommodation form. Please check again at accreditation.

Transfer for the event will be arranged from/to					
Airport 1	Helsinki-Vantaa airport				
Railway	Lahti, Finland				
Transport	Erkki Kokkonen   judotoimisto@tikkurilanjudokat.fi   +358405242720				
contact					

#### 10. ACCOMMODATION

Accommodation is organized by the LOC and included in the price. Any damage to hotel property resulting from the stay of a National Delegation will be charged to the National Federation and must be paid in full.

Complete the	IBSA JUDO Small Country Challenge 2023 Form invitation.			
form	ACCOMMODATION, PASSPORTS AND FLIGHTS INFORMATION			
Deadline final	10.4.2023			
reservation and				
full payment				
Accommodation	Erkki	judotoimisto@tikkurilanjudokat.fi	+358405242720	
contact	Kokkonen			

Note: The LOC will do their best to provide your first choice of accommodation but, as rooms might be limited, this cannot be guaranteed. After the accommodation deadline, the organizer cannot promise rooms in the hotels detailed in these outlines and another official hotel may be added.

Complete the	IBSA JUDO SMALL COUNTRY CHALLENGE 2023 Form invitation.
form	ACCOMMODATION, PASSPORTS AND FLIGHTS INFORMATION





Deadline	10.4.2023		
final			
reservation			
and full			
payment			
Visa contact	Erkki Kokkonen	judotoimisto@tikkurilanjudokat.fi	+358405242720

HOTEL	
Name	Sports Institute of Pajulahti
Address	Pajulahdentie 167, 15560 Nastola
Phone	+358447755313
Website	www.pajulahti.com



Check-in time	1.7.2023 15:00
Check-out time	7.7.2023 12:00
Early check-in	Not available
Late check-out	Not available
Airconditioning	No
Gym	Yes (free), every day





Sauna	Yes (free), every day
Outdoor	Yes (free), every day
swimming	
Indoor	Yes, 4,50€, everyday
swimming pool	
Massage	Available, check the price list in Pajulahti
therapy	
Wifi	Yes (free)
Room service	No
A la carte	No
restaurant	
Food delivery	Yes
allowed	



Prices: all prices are per person per night in: euro

	Bed and breakfast (Not available)	Half board (Not available)	Full board
Single		,	150
Twin			130





Dormitory for 3-4 people	Only full board available 130	

Distance and approximate travel time from hotel to	km	Time (hh:mm)
Airport	120	1,5h
Train Station	20	30 min
Training	0	0
Accreditation	0	0
Draw	0	0
Judogi pre-control and weigh-in	0	0
Sport Hall	0	0

#### **PAYMENT**

Beneficiary's name	Tikkurilan Judokat ry
Bank name	Nordea Bank oyj
Bank address	Satamaradankatu 5 , 00020 NORDEA, Helsinki
IBAN	Fi 0812203000200333
SWIFT/BIC Code	NDEAFIHH
Payment reference	Participating Federation name

All bank fees and bank transfer costs are paid by the participating National Federation. All bank details will be on the invoice. All accommodation fees should be paid in advance of the event by bank transfer. Cash payments will be accepted only with a guarantee letter, and in case of Late Payment or cash payment upon arrival 150 € fine will be added to the participation fees.

If payment is being made by bank transfer the bank information must be inserted correctly and completely on the transfer document and any procedures related to the amendment of the bank transfer must be done before arrival.

Delegations must ensure that all bank charges are paid at their end so that the organizers receive the correct amount of funds without any deductions.

The person attending accreditation must bring proof that the bank transfer. Full payments were paid via bank transfer by 10.4.2023.

In Case of withdrawal of any participant after 10.4.2023, no refund will be made of their payment

# 11. TRAINING CAMP





There will be a training camp after the competition day. The training camp is 4 days long. If judoka is participating into the competition, the training camp is also mandatory. All countries are welcome to the training camp providing that there are slots available. Athletes participating to the competition are the priority.

# 12. POST EVENT SURVEY

After each event a questionnaire will be sent to your constructive comments and we welcome feedback on how to improve the next edition of the event.

#### 13. GENERAL INFORMATION

#### **FUNDAMENTAL PRINCIPLES**

The competition will be conducted in accordance with the latest IBSA Judo Rules, IJF & IBSA Judo Refereeing Rules, IJF Code of Ethics, IBSA Judo Classification Rules and current IBSA Anti-Doping Rules.

All IBSA member federations, officials, coaches, and athletes participating in the event described in these outlines must respect and accept the authority of the IBSA Officials, the IBSA Statutes & rules, the IJF Sports and Organization Rules (SOR), the IBSA Refereeing Rules and IBSA Judo Rules. Individuals deemed to have acted against the above-mentioned rules, its principles, or purposes shall be subject to suspension or expulsion from the event and/or cancellation of their accreditation cards.

#### **INSURANCE**

Each National Federation is directly responsible for its athletes (the control of non-pregnancy and the control of gender). It must assume all responsibility for accident and health insurance as well as civil liabilities during all IBSA Judo Events for everyone under their charge. National Federations are responsible to provide insurance guarantees to their delegates during any IBSA Judo Event. The LOC of the event and IBSA will not be responsible in the absence of insurance. The LOC of the event and IBSA have no liability for any claims of injury, illness or death arising from the travelling to and the participation in this event.

#### CONSENT FOR USE OF DATA/PHOTOGRAPHY/VIDEOS/FILMING

Delegates inscribed by their National Federations for IBSA Judo Events consent to the IBSA and its media partners to use content of them, including data, live results, photographs and/or video recordings (hereafter referred to as Media). This media may be obtained from National Federations and IBSA.





It will also be acquired by IBSA and its media partners from in and around all IBSA Judo Event venues. Media could be used in print and digital media formats including print publications, websites, e-marketing, posters banners, advertising, film, broadcast, social media, education purposes and other purposes. The National Federation must ensure that they have the permission of each delegate or in the case of a minor the permission of the parent/guardian. If a delegate does not give consent for use of data, photography, videos and filming then the National Federation must inform IBSA by writing to sallywoodlamont@gmail.com

#### ACCOMMODATION

Full board accommodation is included into the price. The reservation must be made with the local organizing committee (not directly with the sports institute).

Any damage to hotel property resulting from the stay of a national delegation will be charged to the national federation and must be paid in full.

#### **COMPETITION RULES**

System of competition:

- 6 or more athletes: Eliminatories+ Double repechage
- 5 or less athletes: Round robin

Duration of contests: four (4) minutes (real time).

Competition categories:

Men: J1 -60 kg, J1 -73 kg, J1 -90 kg, J1 +90 kg & J2 -60 kg, J2 -73 kg, J2 -90 kg, J2 +90 kg

Women: J1 -48 kg, J1 -57 kg, J1 -70 kg, J1 +70 kg & J2 -48 kg, J2 -57 kg, J2 -70 kg, J2 +70 kg

#### **INSCRIPTION OF DELEGATES**

Only entries of member National Federations/Unions/Committees will be accepted.

Athletes can be entered in ONLY one category per IBSA Judo Event. In the event of a change in the athlete's visual classification but the athlete is still eligible to participate in the championships, the IT expert of the competition shall be responsible for making the change in the athlete's entry before the draw is made.





Each person can only be inscribed with one function (i.e. athlete, coach, referee, team official etc.) per event.

The National Federation is responsible for obtaining legal approval and permission for minor athletes to compete in competitions. When travelling with minors the team official/coach must have all the necessary documents in place that authorizes them to act on behalf of the parents/guardians "in loco parentis". This also applies to doping control. The National Federation must ensure that minor athletes have their parental/guardian permission to undergo testing.

#### **ACCREDITATION**

The purpose of accreditation is to identify people and their roles at events and allow them necessary access to perform their roles. At least one team delegate must attend on time to confirm the entries of all athletes and officials with a signature on the delegation confirmation list. A delayed appearance or no-show may result in the exclusion of all participants from the draw and the event.

For each official team member from a national delegation (athletes, coach, team official, doctor etc.) an accreditation card is issued by LOC during the official registration. A delegate should never wear another delegate's accreditation card.

The accreditation card remains the property of the IBSA Judo and can be withdrawn, with immediate effect, at the IBSA's sole discretion. The accreditation card is valid for the duration of the competition.

#### DRAW AND SEEDING

Up to a maximum of the top four athletes among the entered athletes in each category will be seeded based on their IBSA Judo WRL position.

The draw will be held online

#### **JUDOGIS**

Athletes must compete wearing a white and blue judogi that comply with IJF regulatory measures. Exception: In case an athlete does not have a blue judogi, this athlete is allowed to compete wearing a white judogi and red competition belt. Red competition belts are provided by the LOC. An athlete can use a judogi that's not in the official suppliers list.

OFFICIAL IJF BACKNUMBER





Each competitor is obliged to have sewn on the back of his judogi a backnumber bearing their last (family) name and National Olympic Committee abbreviation. The last (family) name (and any part of their given (first) name) on the back number must have the same letters as that registered in ISAS as this database provides the accreditation cards, athlete name on TV graphics and scoreboard etc. The top of the backnumber must be fixed horizontally and centrally three (3) cm from the bottom of the collar.

#### Please, order your backnumber from www.officialbacknumber.com

Athletes who have been classified as J1 shall use a red circle on their back number. Deaf athletes shall use a yellow circle on their back number. The place of the mark of red and yellow circle is on the back number and not the side of the sleeve of the judogi.

Those athletes definitively classified as J1 should order their back numbers with the red circle printed on them (option available at <a href="https://www.officialbacknumber.com">www.officialbacknumber.com</a>).

#### JUDOGI AND BACKNUMBER PRE-CONTROL

The IBSA Judo will arrange a judogi and back number pre-control on the morning of the competition day. This is due to the arrival schedule.

The judogi pre-control is compulsory for all competing athletes. For this purpose, the competitors should wear their judogi with the belt tightened. Exception: Athletes are allowed to compete wearing only white judogi. If they have both white and blue, that's allowed too.

Backnumber is mandatory. For the back number pre-control, athletes must bring judogi, for a control. Exception: Judogi does not need to be IJF approved, but it has to be good for competing. In the back number control referee has to accept the judogi

Athletes must show up for the back number pre-control. If they fail to do so, without a valid reason, the athlete will not be allowed to have a coach in the chair.

The official sponsor label of the event will be given provided that:

- The judogi is clean and dry.
- The back number, publicity and emblem is properly sewn and do not show any wear or tear.





- All previous advertising has been removed. Guide to attaching and removing the sponsor label:
  - Lay the judogi flat and attach the new sponsor label of the event on the back of the correct judogi.
  - Ensure the label is firmly attached around the edges.
  - Immediately after the competition and before washing remove the sponsor label.

The LOC does not offer a sewing service.

#### **COMPETITION DAY JUDOGI CONTROL**

Regardless of the back number and judogi pre-check has been passed, the local organizers will inspect the judogi size and validity during the judogi control before each contest. The back number and publicity should comply with the current IBSA, IJF, and local organizer agreement.

Only those judogi who have passed the judogi pre-control will be admitted to this rapid control.

LOC will provide spare judogi to those athletes who do not have a valid judogi. In that case, the athlete will not be allowed to be directed by his coach during the bout and will be escorted to the tatami by a volunteer.

#### **WEIGH IN**

The weigh-in will be carried out in accordance with the IJF SOR. Exception due to the arrival schedule: The official weigh-in for athletes will be scheduled to take place on the morning of the competition day.

The weigh-in will take place at the sport hall (time will be provided in the welcome manual) in the female and male changing rooms.

The athletes must bring their passport and accreditation to the official weigh-in.

#### **RANDOM WEIGH IN**

A draw will be held to determine which athletes must undergo this weight control on the competition day.





The list of selected athletes will be published one hour before the start of the competition. From that moment on, the selected athletes will have 15 minutes to go to the random weigh-in room located in the sports hall. The weight of the athletes cannot be more than 5 % higher than the official maximum weight limit of the category. In the event that the athlete has a weight greater than this limit or less than the minimum weight of his/her weight category after the 15-minute time limit established for the random weigh-in has expired, the athlete will not be allowed to participate in the competition.

The athletes do not need to bring their passports, as their accreditation is sufficient for identification.

#### **WORLD RANKING POINTS**

The athletes, who take part at the competition get 3 point for the WRL. According to the World Ranking Pointing system.

Any athlete who does not come to the tatami for a contest will have a line put through his/her name on the draw sheet. His/her opponent must come to the tatami and bow. He/she will be declared the winner by fusen gachi and WRL points will be given.

#### REFEREEING

The contests will be refereed by the referees provided by LOC. The referees will use the CARE system.

#### **COACHING**

Coaches nominated by their IBSA Member Organization should respect the IBSA and IBSA Judo Rules. Any coaches not adhering to these rules could be subject to disciplinary action.

#### AWARDING CEREMONY

Each athlete who has won a medal must be present at the ceremony to receive their medal personally. Any athlete who is absent from the awards ceremony without a good reason may forfeit the medal.

Athletes must attend the medal ceremony barefoot, without any hat, cap or any similar head covering and wearing their white judogi that conforms to the IJF judogi rules with special attention being paid to the publicity rule. If it is not clean, then they must wear a reserve judogi. It is strictly prohibited for athletes on the podium to have national flags or similar items other than those on their judogi. Any demonstration with religious, political,





personal or commercial connotation is prohibited. Athletes must also be available for interview after the last awarding ceremony if requested by the Media Team of the event.

#### **MEDICAL MATTERS**

During a contest a bleeding injury may be treated by the doctor on two (2) occasions. If the same bleeding requires treatment for the third time, the referee should declare the opponent the winner by kiken-gachi. However, the IBSA/IJF Ad Hoc Commission in consultation with the Medical Commissioner can decide to allow the same bleeding injury to be treated more than two (2) times. If bleeding cannot be stopped, the Medical Commissioner will inform the referee who declares the opponent the winner by kikengachi.

For the preservation of athletes' joint health, especially of those who lack experience in self-treatment, athletes are allowed to seek medical help for finger/toe joint resetting, including resetting and taping to secure the joint.

